Clothing



Policy

Children should be dressed in suitable play clothes which are easily managed by the child and are sun safe. While on duty, educators are encouraged to practice sun-safety principles/strategies to serve as good role models for children. Educators will conduct an annual review of clothing guidelines and the degree to which staff and children practice skin cancer protection on site.

Background

Skin cancer is now considered epidemic throughout the nation by Health Authorities. Over 95% of skin cancers are caused by exposure to UV radiation. Risk for skin cancer can be greatly reduced when certain precautions are practiced. We believe therefore that we must protect our children by ensuring they wear clothing which assists in keeping them sun safe.

Practices

Children should be dressed according to the season.

A spare set of clothes should be sent for all children

Children under the age of 3 should be sent with 2 or 3 complete sets of clothing.

While a child is toilet training, additional spare underwear will also be necessary.

A hat which protects the child's face, ears and neck is required at all times (supplied by centre upon payment of bond).

Footwear should be appropriate for outdoor play e.g. enclosed shoes for weather and season.

Families are encouraged to only allow children to bring 'play clothes'. No 'good' clothes should be sent so they will not be spoiled.

In summer children are to wear sleeved tops (no shoe string or sleeveless tops/dresses or children will be changed into suitable clothing.

In winter it is desirable to pack a warm coat and beanie for outdoor play.

Educators are to encourage the use of aprons/paint shirts on children when they are involved in messy play activities.

These guidelines will be communicated and reinforced to educators and parents through letters and other notices, and above all, site practice

Sources

www.sunsmart.com.au (accessed October 25, 20223)

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